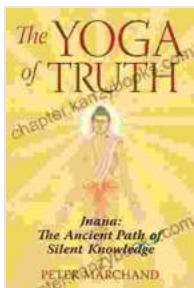


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The Yoga of Truth: Jnana: The Ancient Path of Silent Knowledge by Peter Marchand

4.9 out of 5

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| Language | : English |
| File size | : 1704 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
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| Print length | : 164 pages |
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| Item Weight | : 7.2 ounces |
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The Path of Yoga and Truth

Drawing upon ancient wisdom and modern insights, "The Yoga of Truth" explores the profound connection between yoga and the pursuit of truth. The book presents a comprehensive understanding of yoga as a journey of self-inquiry and spiritual expansion. Through the practice of yoga, readers discover the power of mindfulness, self-awareness, and the ability to transcend the limitations of their ego.

Awakening the Inner Seer

Central to the teachings of "The Yoga of Truth" is the cultivation of the "inner seer" within each of us. The book guides readers in developing their intuition, listening to their inner voice, and trusting their own wisdom. By silencing the noise of external influences, readers learn to tap into the wellspring of truth that resides within them.

The Unfolding Journey of Truth

"The Yoga of Truth" is not a static treatise but rather a dynamic companion on a lifelong journey of truth-seeking. The book empowers readers with a roadmap for personal transformation, encouraging them to continuously explore, learn, and grow. As they progress along this path, readers discover

that the pursuit of truth is not a destination but an ongoing journey of self-discovery and expansion.

Testimonials

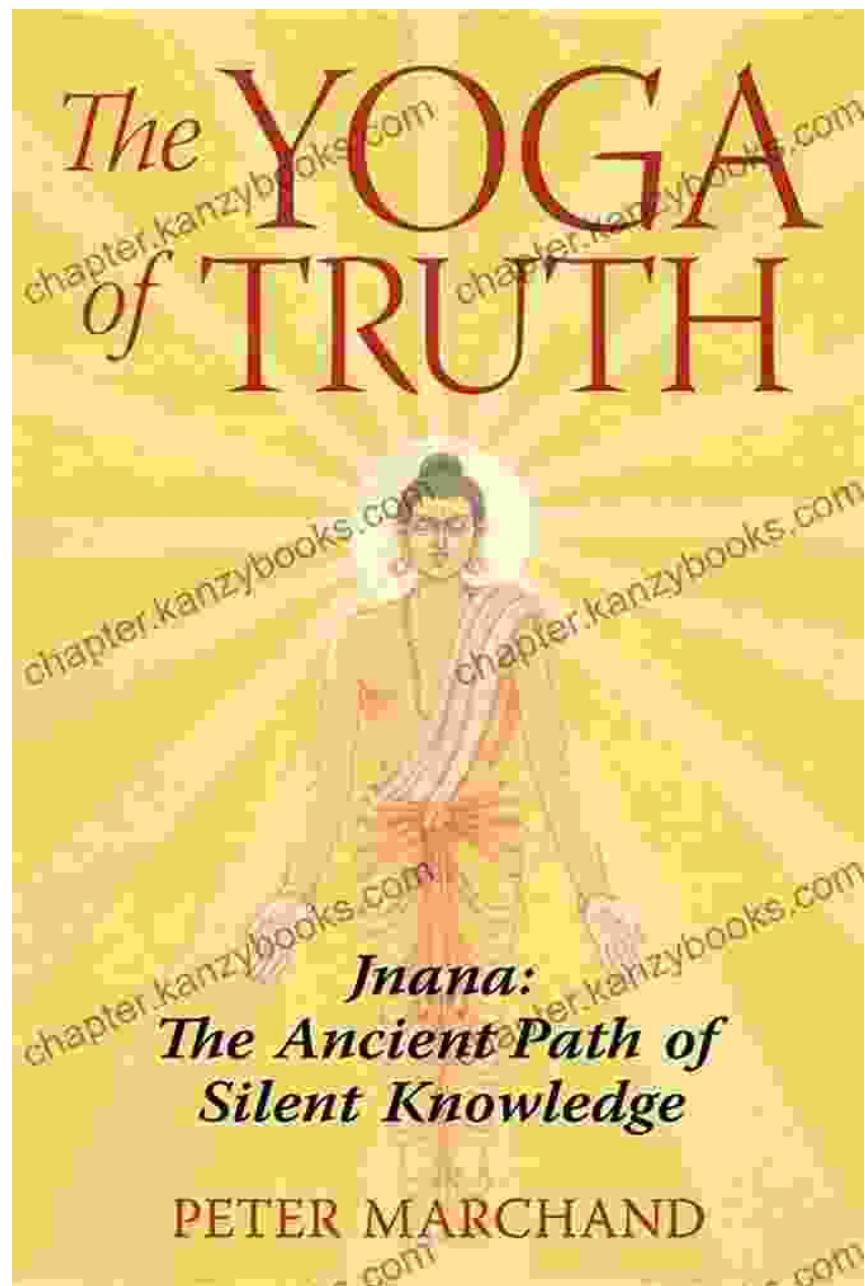
"A profound and thought-provoking work that challenges our assumptions and invites us to delve deep into the nature of truth." - Dr. Emily Carter, Professor of Philosophy

"The Yoga of Truth is a transformative guide that provides practical tools and insights for living a more authentic and fulfilling life." - Mark Roberts, Yoga Instructor and Spiritual Guide

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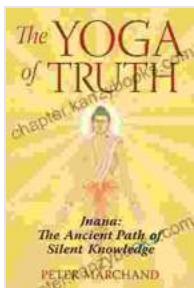
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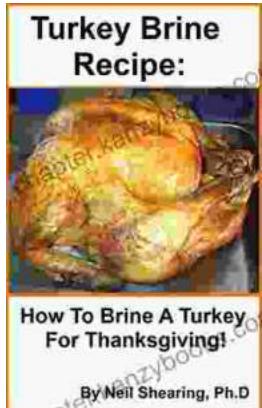
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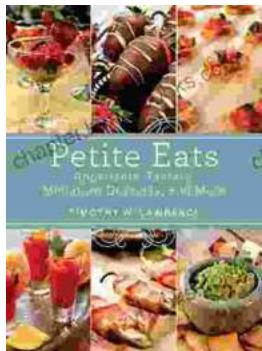
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