

DCIS Treatment Said No Two Years Later: A Story of Hope, Healing, and Resilience



DCIS Treatment: I said no. Two years later...

by Mindy Jane Moore

★★★★★ 5 out of 5

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In 2016, I was diagnosed with ductal carcinoma in situ (DCIS), a type of non-invasive breast cancer. I was told that the cancer was small and contained within the milk ducts, and that I had a 98% chance of being cured with surgery and radiation therapy.

I underwent a lumpectomy and radiation therapy, and for two years, I was cancer-free. But then, in 2018, I was diagnosed with recurrent DCIS in the same breast.

I was devastated. I had done everything I was supposed to do, and yet the cancer had come back. I was scared and angry, and I didn't know what to do.

I decided to have a mastectomy, and I am now cancer-free. But the experience of going through breast cancer twice has been life-changing.

I have learned that cancer is not a death sentence. It is a challenge, but it is one that can be overcome. I have also learned the importance of hope, healing, and resilience.

In this book, I share my story of going through breast cancer twice. I hope that my story will inspire others who are facing similar challenges. I want them to know that they are not alone, and that they can get through this.

Hope

When I was first diagnosed with breast cancer, I was terrified. I didn't know what the future held, and I was afraid that I was going to die.

But then, I started to learn more about breast cancer. I learned that it is a very treatable disease, and that the vast majority of people who are diagnosed with breast cancer survive.

This knowledge gave me hope. I knew that I had a good chance of beating cancer, and that gave me the strength to face the challenges ahead.

Hope is essential for anyone who is going through cancer treatment. It is what keeps us going when we are tired, scared, and discouraged.

If you are facing cancer, I urge you to hold on to hope. It is the light that will guide you through the darkness.

Healing

Cancer treatment can be physically and emotionally draining. It can take a toll on our bodies, our minds, and our spirits.

But it is important to remember that healing is possible. Our bodies are capable of amazing things, and with the right care, we can heal from the damage that cancer has caused.

There are many different ways to heal from cancer. Some people find comfort in traditional medical treatments, such as surgery, chemotherapy, and radiation therapy.

Others find relief in complementary therapies, such as acupuncture, massage therapy, and yoga.

No matter what type of healing you choose, it is important to be patient and kind to yourself. Healing takes time, and it is important to give yourself the time and space you need to recover.

Resilience

Cancer is a challenge, but it is one that can be overcome. With hope, healing, and resilience, we can get through this.

Resilience is the ability to bounce back from adversity. It is the strength that allows us to keep going even when things are tough.

Building resilience takes time and effort. But it is worth it. The more resilient we are, the better equipped we are to handle the challenges that life throws our way.

If you are facing cancer, I urge you to develop your resilience. It will be your greatest asset in the fight against cancer.

I am a breast cancer survivor. I have been through the darkness, and I have come out the other side. I am stronger, wiser, and more resilient than I ever was before.

If you are facing cancer, I want you to know that you are not alone. I want you to know that you can get through this. I want you to know that there is hope, healing, and resilience.

Never give up on yourself. Never give up on hope.



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