

Bounce Back: My Battle With Systemic Lupus



Bounce Back: My Battle With Systemic Lupus

by Millicent Nyangon

★★★★☆ 4.9 out of 5

Language : English

File size : 5676 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 33 pages

Lending : Enabled



By Nicole Gallowy

In *Bounce Back: My Battle With Systemic Lupus*, author and lupus survivor Nicole Gallowy shares her inspiring story of overcoming the challenges of living with a chronic illness.

Gallowy was diagnosed with lupus in 2006, and her journey since then has been one of resilience, hope, and triumph. In her book, she shares her experiences with the physical and emotional challenges of lupus, as well as the lessons she has learned along the way.

Bounce Back is more than just a memoir; it is a guide for anyone facing a health challenge. Gallowy offers practical advice on how to cope with the physical and emotional challenges of illness, and she provides inspiration and hope for those who are struggling.

If you are living with a chronic illness, or if you know someone who is, *Bounce Back* is a must-read. Gallowy's story is an inspiration, and her advice is invaluable.

About the Author

Nicole Gallowy is a writer, speaker, and lupus survivor. She is the founder of the Lupus Foundation of America's Young Professionals Council, and she has been featured in numerous media outlets, including The New York Times, The Washington Post, and The Today Show.

Gallowy lives in New York City with her husband and two children.

Endorsements

"*Bounce Back* is an inspiring and informative book that provides invaluable insights for anyone facing a health challenge. Nicole Gallowy's story is a testament to the power of resilience, hope, and triumph."

— **Mehmet Oz, M.D., host of The Dr. Oz Show**

"Nicole Gallowy's *Bounce Back* is a must-read for anyone living with a chronic illness. Her story is an inspiration, and her advice is invaluable."—

Susan Sontag, author of *Illness as Metaphor*

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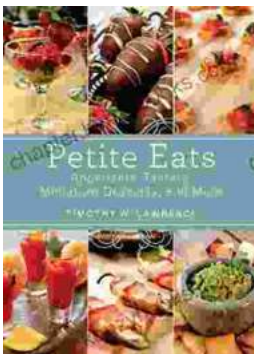


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