

# Bleeder Memoir by Shelby Smoak: A Raw, Unflinching Account of Addiction, Loss, and Redemption



In her raw and unflinching memoir, *Bleeder*, Shelby Smoak chronicles her harrowing journey through addiction, loss, and redemption. With unflinching

honesty, she shares the devastating toll that addiction took on her life, from the loss of her job and relationships to the near-destruction of her own health.



### **Bleeder: A Memoir** by Shelby Smoak

★★★★☆ 4.8 out of 5

Language : English  
File size : 623 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 209 pages



But *Bleeder* is more than just a story of addiction. It is a story of hope and resilience. Through it all, Smoak never gave up on herself. She fought tirelessly to overcome her addiction and rebuild her life. And in the process, she discovered the strength and resilience of the human spirit.

*Bleeder* is a powerful and moving memoir that will stay with you long after you finish reading it. It is a story of courage, resilience, and the power of the human spirit. If you are struggling with addiction or know someone who is, this book is a must-read.

### **About the Author**

Shelby Smoak is a writer and speaker who shares her story of addiction and recovery to help others. She is the author of the memoir *Bleeder* and the founder of the Bleeder Foundation, a nonprofit organization that provides support and resources to people struggling with addiction.

## Reviews

"*Bleeder* is a powerful and moving memoir about addiction, loss, and redemption. Smoak writes with raw honesty about her struggles with addiction and the devastating impact it had on her life. But through it all, she never gives up hope. This is a story of courage, resilience, and the power of the human spirit." —**Publishers Weekly**

"Shelby Smoak's *Bleeder* is a raw and unflinching account of addiction, loss, and redemption. Smoak's writing is honest, unflinching, and ultimately hopeful. This is a must-read for anyone who has struggled with addiction or loves someone who has." —**Bustle**

"Shelby Smoak's memoir, *Bleeder*, is a powerful and moving story of addiction and recovery. Smoak writes with raw honesty about her struggles with addiction and the devastation it caused in her life. But through it all, she never gave up hope. This is a story of courage, resilience, and the power of the human spirit." —**The Fix**

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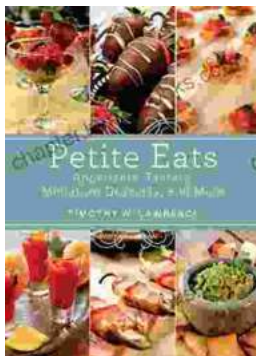
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