

Best Secret Ingredient Cookbook Ever For Beginners: Banana Bread Recipe Tomato



Hello! 123 Secret Ingredient Recipes: Best Secret Ingredient Cookbook Ever For Beginners [Banana Bread Recipe, Tomato Soup Recipe, Hot Chocolate Recipe Book, Sweet Potato Vegan Cookbook] [Book 1]

by Ms. Everyday

★★★★☆ 4 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
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Are you looking for a delicious and easy-to-follow banana bread recipe? Look no further! This recipe uses a secret ingredient that will take your banana bread to the next level. It's perfect for beginners and will help you create a moist, flavorful loaf that will impress your friends and family.

Ingredients

- 1 1/2 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt

- 1/2 cup (1 stick) unsalted butter, softened
- 3/4 cup granulated sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 3 ripe bananas, mashed
- 1/2 cup chopped walnuts (optional)
- 1 tomato, chopped (the secret ingredient!)

Instructions

1. Preheat oven to 350 degrees F (175 degrees C).
2. Grease and flour a 9x5-inch loaf pan.
3. In a medium bowl, whisk together the flour, baking soda, and salt.
4. In a large bowl, cream together the butter and sugar until light and fluffy.
5. Beat in the eggs one at a time, then stir in the vanilla.
6. Add the mashed bananas and chopped walnuts (if desired).
7. Gradually add the dry ingredients to the wet ingredients, mixing until just combined.
8. Fold in the chopped tomato.
9. Pour the batter into the prepared loaf pan and bake for 50-60 minutes, or until a toothpick inserted into the center comes out clean.

10. Let the banana bread cool in the pan for 10 minutes before inverting it onto a wire rack to cool completely.

Tips

- For a sweeter banana bread, use overripe bananas.
- If you don't have any walnuts, you can substitute another type of nut, such as pecans or almonds.
- The secret ingredient in this recipe is the tomato. It adds a subtle sweetness and moisture to the banana bread.
- This banana bread is perfect for breakfast, lunch, or a snack.

Enjoy!

We hope you enjoy this delicious and easy-to-follow banana bread recipe. Be sure to let us know how it turns out in the comments below!



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